



Our Mission statement

Apr. 2020 <http://www.hollywoodjci.org/>
3929 Middlebury St. L.A. CA, 90004

The specific purpose of the Hollywood Japanese Cultural Institute is to preserve, share, and promote the Japanese and Japanese American culture and heritage through education, cultural programs, and activities.



President's Message

I hope that you have been keeping healthy and safe during this most challenging of times. Please continue to conscientiously protect your health and others during this pandemic.

HJCI will continue its "temporary closure" until public health officials and our City and State leadership determine that it is safe to meet again.

Thanks for your support of our Fall Pancake Breakfast (8-28-19), our 7th Annual Udon fundraiser (11-2-19) and our New Years / Shinnenkai party and Raffle (2-8-20). Your donations and support for each and every one of these events are crucial to HJCI's continued operation and capacity to serve the community and affiliate groups.

Please feel free to share any questions, concerns and inspirational thoughts that you may have at hollywoodjci@gmail.com or leave a message at (323) 664-2070.

Sincerely, Asao Masumiya President

Upcoming Events in 2020

★Fall Pancake breakfast: 8-30-20, 8-11am

★Udon Night fundraiser: 11-7-20, 3-7 pm (TBD)

*TBD/To Be Determined

< Community Topics >



HJCI Officer name

- President: Asao Masumiya
- Vice President: Hiro Ogino
- Treasurer: Jerry Naito

Recording Secretary: Brian Yamasaki

- Newsletter editor: Hideo Kuwahara
- If you have any questions or information, contact hollywoodjci@gmail.com phone: (323) 664-2070

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Caregiver support group info



Daito-ryu Aikijujutsu Kodokai, Los Angeles Branch Dojo (大東流合気柔術幸道会) **Teaching Traditional Japanese Koryu Aikijujutsu**

As we take time off from our normal lives and training routines during this COVID-19, please take the time to keep yourself and your families safe and cared for. Firstly, remember to take care of yourself, so that you may be of service to others. Until we return to our normal routines, I would like to suggest that our members take some time during your day to do meditation, self practice(hitorigeiko), and exercise(taiso). Find a method that suits your own needs. These kind of activities can help lower your stress and help keep your body running smoothly. I'm looking forward to being back at our center soon, sharing time with our members and seeing your smiling faces when this challenge has eventually ends. The HJCI Kodokai Dojo is a not-for-profit / non-profit organization, which is headquartered in Los Osos, California, and lead by North American Chief Instructor, Kiyama Hayawo *Shihan*. The HJCI Kodokai Dojo is under the direction of Mr. Destrie Roy (*Okugi Sandan*), who has over 20 years of training with the Kodokai. Aikijujutsu is a fascinating and effective form or self-defense for both men and women. •Contact us to audit a class, we are always accepting new students. •Adult classes: Friday evenings 6:30pm to 8:30pm Email: kodoaiki@att.net.



L.A. Daiku (第九を歌う会)

L.A. Daiku is a mixed choral group that has been rehearsing weekly at HJCI since September 2009. Its signature piece is Beethoven's Symphony No.9 (Daiku in Japanese) that extols brotherhood of all peoples. L. A. Daiku annually gives one or two concerts of superior choral works from all over the world. The last concert was held in November 2019 at Altadena Community Church in Altadena with a variety of music in multiple languages. The upcoming concert, led by Dr. Jeffrey Bernstein, will be on Sunday, October 18, 2020 also at Altadena Community Church. We will be performing the signatures pieces of Beethoven to celebrate his 250th anniversary of birth.



Dr. Bernstein has been the director of L.A. Daiku since its inception. He has been top ranked among all the US community chorus directors. In January 2018, L. A. Daiku began a second chorus group in Torrance under the direction of Ms. Aiko Sakazaki who is a well known superb soprano.

L.A. Daiku thus has two rehearsal venues, one at HJCI on Tuesdays from 6:30 to 8:30 PM, and the other at Bridge USA Studio in Torrance on Thursdays from 7:30 to 9:30 PM.

In this outbreak virus crisis, now is the time to enjoy choral singing to uplift our spirit and health, with its synchronized harmonies, L. A. Daiku offers camaraderie and share pleasure of singing together. Please join us, after the virus crisis is over and it is safe for us to meet again. No experience necessary. For more information, visit LADaiku@aol.com or www.ladaiku.org.

Hollywood Japanese Language School

“You can learn faster in our small class”

- **Saturday:** “Teen class” and “Adult class”
- **Weeknights:** “online class” from your home



Textbooks: “Yasashii Nihongo”
“Japanese for busy people”,
“Marugoto” etc.,

Address: 3929 Middlebury St.
Classes located on 2nd floor in
the back.

For more info, please contact:
hideo.kuwahara@gmail.com

- ❑ **Adult /Teen Beginner 1 & 2 Class**
(online class during current situation
after that, actual class at school)
 - Sat. morning 8:45-10:15 & 10:30-12:00
- ❑ **Adult (online class) (Saturday)**
 - **Beginner's class** 10:30 - 12:00
 - **Intermediate class** 8:45 - 10:15
- ❑ **Weekday Skype class from your home:**
 - **Weekday night** 7:30 - 9:00 pm
- ❑ **Tuition:** \$60 per month

Hollywood Buddhist Church (HBC)

Happy Spring!

Hope everyone is safe and healthy during this most difficult and challenging time.

Take time out to enjoy the beautiful weather and remember that this time has allowed us to reflect and appreciate everything around us.....the flowers, the birds singing, the blue skies, the artistic cloud formation, etc. We have always been ‘too busy’ to appreciate our surroundings and now we are able to do this. There is so much to be thankful for!



Hoonko and New Year service - Jan. '20

At Hollywood Buddhist Church we have been closed to all activities until further notice, One way we are staying connected is through our support to honor our heroes. Every night at 8 PM, we step outside and light a candle or a flashlight to show our support of our frontline heroes who sacrifice themselves to care for us and allow us to continue our daily lives – the doctors, nurses, all healthcare providers and first responders, grocery store workers, mail carriers, and everyone else who help us everyday. Please join HBC in our mission to thank and support our heroes every night at 8 PM and light up the skies!

The cloud of light is unhindered, like open sky; There is nothing that impedes it.

Every being is nurtured by this light, So take refuge in Amida, the one beyond conception. (Shinran Shonin We also have the opportunity to continue our services through zoom and Youtube.

The Buddhist Churches of America have provided many online opportunities to listen to the Buddha Dharma from other temples and churches as well as listening to the messages from our Bishop Marvin Harada. Nishi Hongwanji has also provided us with a zoom service on Sundays at 10 AM.

Continue to follow the recommendations of the experts and authorities.

- ❑ Stay home
- ❑ Wash your hands often
- ❑ Practice social distancing
- ❑ Wear a cloth face covering when going out of the house
- ❑ If you feel sick, call your doctor for instructions
- ❑ Avoid going out – use drive through, pick-up or delivery options

Take care, stay safe and look around, there is so much to be grateful for.....

Hollywood Judo Dojo (ハリウッド柔道道場)

Hollywood Dojo ended 2019 in a very successful manner.

In October, at the Nanka Open Team Championships, we participated with 6 senior teams from Hollywood. Winning the over all 1st place trophy for the 4th year in a row, and thereby proving that our dojo has one of the best judo programs in California and in the USA.

In November, our kids did incredibly well at the Monica Tournament with Leo, Gabriel and Vladimir all taking first place.

Our young superstar Taira travelled to the Pan American Championships in Mexico where she took a bronze medal in her first ever international tournament.

2019 ended with the Winter Nationals in Azusa, where Courtney, Chantsal and Ramiro all got Gold medals, while with Aaron, Juan, Lilly and Adam took Silver medals.



The online fitness magazine, Expertise, did a survey of the best martial arts clubs in the L.A area, and voted Hollywood Dojo as their top choice. Again, an honorable recognition of our dojo.

Ivan attended the Maryland Open in January where he took a Gold and a Bronze medal in two categories. Hollywood Dojo also hosted the Nanka Elite training camp in January, led by sensei Philippe.

As of mid March, 2020, due to the Coronavirus, Hollywood had to temporarily close our dojo. Re-opening TBA... For more info, follow us on Facebook or at www.hollywoodjudo.com

Jodoin Buddhist Temple of California (浄土院)

Jodoin is a local temple that is providing services in Pure Land Buddhism at the Hollywood JCI on the third Sunday of each month. Jodoin can trace its history back to 1936, when the late Bishop Reikai Nozaki first established Jodoin in Little Tokyo. Jodoin has continuously provided Pure Land Buddhism to the community since its founding.

Services are conducted in both English and Japanese and everyone is welcome to attend. Refreshments are served after the service.



Contact: Kent Kawai at mkawaiusa@netscape.net or (310) 433-4314

Shotokan Karate (松濤館流空手道場)

The year 2020 is the only time in our lifetime that the first two digits of the year are the same as the last two digits of the year.

To borrow a quote from the Charles Dickens novel, *A Tale Of Two Cities* "It was the best of times, it was the worst of times...."

To keep a positive outlook, I would like to recount the best of times:

On February 8th, we attended the annual Hollywood Japanese Cultural Institute's New Year's party. The social hall was filled to capacity. After the opening address, a silent tribute was held to remember and honor the late founders and supporters. Senior members in attendance, 80 years and older, were also honored and recognized. Also in attendance were two officers of the Los Angeles Police Department and members of the Girl Scout Troop 3795. →

松
濤
館

On the dinner menu was Oden, sashimi and a bento box meal, everything was very fresh and very tasty. On February 22nd, Sensei Yuki-toshi Otaka hosted the annual Sun Valley Memorial Youth Tournament. Instructors and competitors of the Southwest Region of the International Shotokan Karate Federation (ISKF) were present. From ISKF Santa Monica was Shihan James Field, Director of the Southwest



Region, member of the Shihankai and Chairman of the Technical Committee. Also from ISKF Santa Monica was Sempai Holly Forsyth, Sempai Lynn Franco and Sempai Miguel Franco. In attendance from the Venice Karate Club was Sensei Kei Fukuda and Sempai Tom Suzuki. Representing Shotokan Karate of Newbury Park was Sensei Michael Szydlowski, Sensei Brenda Yoshinaga and Sempai Steve Braband. From ISKF Los Angeles was Sensei Linda Mikell.

The tournament is a great training opportunity for all participants.

The competitors gain experience in taking and following instruction as well as competing against their peers. The adults gain experience in all facets of organizing and running a tournament. The preparation before the tournament included the setting up of the competition rings, the placement of the judges' tables and setting up of the spectator viewing area.

After checking in the competitors, competition trees were organized by age and rank. Looking forward to when life returns to normal again. Classes are held in the Social Hall on Mondays and Fridays, from 8:00PM to 9:00PM. For more information, contact Yuki Otaka at (818)-618-6161.

Gardener's Association (ガーデナー組合)

Contact: Brian Yamasaki (323) 661-1649 email: byama@sbcglobal.net

Shamisen, Voice and Hayashi Class (長唄、大和楽、囃子教室)

Mariko Watabe Profile: Born and trained in Japan, Mariko Watabe is one of the foremost experts in theatrical Kabuki style music and dance. She is an accredited master & teacher in many fields playing traditional Japanese hand drums, small drums, shamisen, vocals and dance. She goes by her stage names Kimisen Katada for Hayashi, Kyosho Yamato for Yamatogaku, Kichitoji Kineya for Nagauta and Marifuji Bando for dance. Since 1974, she has introduced Kabuki dance and music to American audiences nationwide. She has given performances, lectures, and demonstrations in all types of learning institutions throughout the United States. Other notable work includes collaborations with musicians from other genres including jazz, and koto. She has worked on soundtracks for off Broadway shows.



After living in Chicago, and New York, she moved to California, in 2012. Shortly thereafter, she formed a non-profit organization called "Fuji Japanese Music," and began classes at the Oxnard Buddhist Temple in March 2013. She is now teaching classes in Gardena, and Hollywood as well. She makes trips to Japan for additional trainings and performances. Here in Los Angeles, she performs with her students and does collaborations with fellow Nagauta, Yamatogaku musicians in Los Angeles. She teaches shamisen, voice, or Kabuki style taiko and percussion at Hollywood on Saturday afternoons from 12:30pm. Phone: 805-477-8303

Email: fujijapanesemusic@gmail.com, <http://fujijapanesemusic.org/>

Yoga (ヨガ・クラス) Class is open to people of all ages!

The class focuses on breathing and toning/sculpting your muscles throughout your entire body. The class is low-impact although highly enjoyed by those who participate. Practice: Wed. 7:00 – 8:30 PM

Contact: Takako Sato at (310) 387-4904 Get fit and have fun!



Monetary Donations (Nov. 2019 to Mar. 2020)

MONETARY DONATIONS from NOVEMBER 2019 to MAR 2020:

NAOMI	CHANG
JUDY	DIONZON New Year
TAKASHI	HOSHIZAKI
HOLLYWOOD BUDDHIST CHURCH	New Year Party/Raffle \$500
HOLLYWOOD BUDDHIST CHURCH	New Year \$1000
HOLLYWOOD KARATE	New Year
GARY	ICHINOSE
GARY	ICHINOSE New Year
GARY	ICHINOSE In Memory of Kikuno Kay Hirahara
GARY	ICHINOSE In Memory of Chiyeko Hamada
GARY	ICHINOSE In Memory of Susie Emi
DAVID	IKEGAMI / TAIRA INVESTMENT CO.
REIKO	IKKANDA In Memory of Chiyeko Hamada
JUDY	IZUMO New Year
MIYAKO	KADOGAWA
TOSHIYUKI & TOMOKO	KAWAMOTO New Year
ATSUKO	KIMOTO
ASAO & KIM	MASUMIYA
DOM & SACHI	MAGWILI
KEN & RUBY	MAYA
ELAINE	NISHIKAWA
SUSAN	OIWAKE New Year
YOSHIHARU	OKUMOTO New Year
EUGENE & CATHY	SATO
KAZUKO	UEDA-SEIN New Year
VALLEY JAPANESE COMMUNITY CENTER	New Year

NEW YEAR RAFFLE PRIZE DONORS

HOLLYWOOD BUDDHIST CHURCH
HOLLYWOOD JUDO
HOLLYWOOD KARATE
DAITO RYU KODOKAI
MR. & MRS. YASUMASA HIRAYAMA
LINDA IKEGAMI
JUDY IZUMO
KARL & JEAN KAWAKAMI
ASAO & KIM MASUMIYA
HIRO OGINO
SUSAN OIWAKE
TAD & KAREN OKUMOTO
HARRY & HARRIET TAGUCHI
JUNE TANI & WAYNE KOHATSU
IRWIN & JUDY WONG
BRIAN & SUSAN YAMASAKI

NEW YEAR ODEN MAKERS

JERRY NAITO
JUDY IZUMO
ATSUKO DONLEY
SAYOKO FLUSTER
BRUCE IBUSUKI
JUNKO MAEDA
KEIKO SANDOVAL

OTHER DONATIONS from Nov 2019 to Mar 2020:

LINDA IKEGAMI	Snacks for Udon fundraiser
JUDY IZUMO	Green Onions for Udon fundraiser
ASAO/KIM MASUMIYA	Water, lunch for Udon volunteers
TOMI MUKAI	Desserts for Udon fundraiser
ELAINE NISHIKAWA	Cookies for Udon fundraiser
SUSAN OIWAKE & FAMILY	Japanese & kitchen ware for Udon fundraiser
ROSANNE TAKAHASHI	Snacks for Udon fundraiser
JUNE TANI	Snacks for Udon fundraiser
SUSAN YAMASAKI	Spam musubi for Udon fundraiser
LINDA IKEGAMI	Kamaboko for New Year Oden
SUNSET NURSERY	Potted flowers for New Year Party guests

NY SASHIMI CHEFS

WAYNE KOHATSU
JUNE TANI

NY DESSERT CUPCAKES & TABLE DECORATIONS

AMY MASUMIYA



A GREAT BIG THANK YOU TO EACH OF OUR GENEROUS DONORS!

* Please notify HJCI of any corrections or omissions at our email or office phone.

2020 SCHEDULE FOR AFFILIATED GROUPS

ACTIVITY (団体名/連絡先)	DAY/TIME (週/月の定例活動)
Daito-ryu Aikijujutsu (大東流合気柔術幸道会) Contact: Destrie Roy	Friday evenings 6:30pm to 8:30pm Adults Email: kodoaiki@att.net
L.A. Daiku (LA第九)	Tuesday: 6:30 p.m. – 9:00 p.m. email: LADaiku@aol.com
Gardeners' Association (ガーデナー組合) Contact: Brian Yamasaki (323) 661-1649	email: byama@sbcglobal.net
Hollywood Buddhist Church (ハリウッド仏教会) Contact: Rev. Koho Takata, HBC Advisor c/o Los Angeles Homba Hongwanji Buddhist Temple (213) 680-9130	Service are held 8xs a year to commemorate special Buddhist traditions email: Rosanne Takahashi, email: tallbridge4@aol.com
Japanese Language School (ハリウッド学園) Contact: hideo.kuwahara@gmail.com	Saturday: 8:45 – 10:30 am /10:45 – 12:00 pm (Sat. only) (323) 664-2070
Jodoin (浄土院) Contact: Kent Kawai (310) 371-0321	3 rd Sunday of month email: mkawaiusa@netscape.net
Hollywood Judo Dojo (ハリウッド柔道道場) Contact: hollywoodjudo@gmail.com	Mon, Wed., Fri, Sat. 7:30 – 9:30 p.m. website: http://hollywoodjudo.com/
Karate (ハリウッド松涛館空手道場) Contact: Yuki Otaka (818) 618-6161	Monday & Friday: 8 – 9 p.m.
Shamisen, Voice and Hayashi class (長唄教室) Contact: 805-477-8303 Mariko Watanabe	Sat. afternoon 1-3 times a month email: fujijapanesemusic@gmail.com ,
Yoga (ヨガ) Contact: Takako Sato (310) 387-4904	Wednesday: 7:00 p.m. – 8:30 p.m.
Girl Scout Troop 3795 Contact: Patty Murakami (323) 528-4070	Saturday, about monthly, TBA email: pymurakami@gmail.com



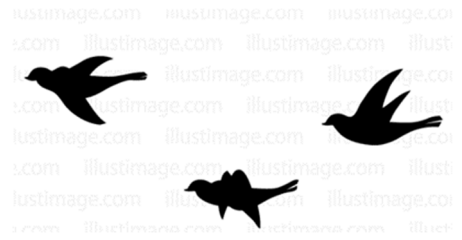
HBC members at Tanaka Farm's Mochitsuki event,
Dec. 27th, 2019

This amazing poem was written by Catherine M. O'Meara last month (March, 2020). She is a former teacher and chaplain from Wisconsin and posted this on social media. It seems so appropriate for the time that we find ourselves in globally. Waiting for the day that we can all be "healed and come together as one".

Kim Masumiya

In The Time of Pandemic

by Catherine M. O'Meara



And the people stayed home.

*And read books and listened, and rested and exercised,
and made art and played games,
and learned new ways of being and were still.*

And listened more deeply.

Some meditated, some prayed, some danced.

Some met their shadows.

And the people began to think differently.

And the people healed.

*And, in the absence of people living in ignorant, dangerous, mindless and
heartless ways the
earth began to heal.*

*And when the danger passed, and the people joined together again,
they grieved their losses, and made new choices,
and dreamed new images,
and created new ways to live and heal the earth fully,
as they had been healed.*

HJCI Ad Supporters

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226 East First Street.
Los Angeles, California 90012
phone: (213) 628-3431
email: azay.littletokyo@gmail.com
Open: Tu-Sun 8:00 am - 3:00 pm



Owners Jo Ann and Akira Hirose.

azay

Azay is the homecoming of Chef Akira as he explores the intersection of history, cuisine, and community in the former space of Anzen Hardware, Little Tokyo.

Born and raised in Kyoto, Japan, Akira trained in the French countryside of Azay-le-Rideau and Paris, having worked at Maxim's de Paris and the hotel Nikko under Joël Robuchon. After being recruited to work at the esteemed L'Orangerie in Los Angeles, he and his wife opened a French restaurant in Kyoto, Japan. They then opened Maison Akira in Pasadena, California. It closed in March, 2019, after celebrating 20 successful years.

The new menu at Azay celebrate Akira's experiences professionally in the kitchens, gardens, and communities of the culinary world, as well as the personal relationships he made along the way.

Presently, the restaurant is open for take-out and special family style orders.

Jo Ann grew up in the Hollywood area and attended the Hollywood Gakuen and is a member of the HJCI and HBC.



japanese american
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HJCI RULES AND REGULATIONS FOR PARTICIPANTS OF CLASSES AND ORGANIZATIONS

1. Each participant, parent of a minor participant (child under the age of 18 years living at the same address and/or a full time student up to the age of 23 years) and instructor must be a member of HJCI.
2. Each adult and minor participant must be covered by medical insurance.
3. Anyone suffering an injury must immediately report this to the instructor or responsible adult.
4. Each organization must have a responsible adult (instructor or organization officer) present during all practices, meetings or classes. If a responsible adult is not present, the class shall be cancelled.
5. The responsible adult shall have the authority to cancel all activities when the building, dojo, classrooms or other facilities are found to be unsafe.
6. The responsible adult shall see that each participant is in only authorized areas of the building. Unauthorized areas are those areas that are not pertinent to the activities, such as the stage, stairways, etc.
7. Each participant shall be responsible for leaving the room clean and in order.
8. As class or organization members, each participant is encouraged to help in HJCI- sponsored events, fundraisers, clean-up, etc.
9. The HJCI Membership form must be completed annually.

For General Supporters, who are not a member of an affiliate group, the app is also on the rear page of the newsletter. Thank you for your support!

LTSC Hosts Dementia Caregiver Support Groups



As we age, many of us begin to feel nervous about various aspects of our lives. We might feel anxious about our own cognitive, mental and/or physical health as well as the well-being of our loved ones. After retirement, we might encounter financial constraints that cause us to worry. We may lose our spouse, family members, or friends, and go through grieving periods as the people around us get sick or pass on. Getting things accomplished might take more time, and we may experience that we are unable to do the things “the way we used to,” which often cause feelings of frustration and concern.

In fact, anxiety affects about 10 – 20 percent of the older adult population. It is more common in women than in men. Often, older adults suffer in silence and their symptoms go untreated since individuals may not recognize that this is a condition that can be treated. They may have always been a “nervous” person all of their lives and think that their symptoms are “normal.” Symptoms may also be caused by a medical condition or medication side effects and can even be overlooked as a physical issue. Furthermore, as we age, these symptoms may intensify and begin to affect our daily lives, including negatively impacting our relationships with our friends and family. Many older adults are reluctant to share their symptoms with their loved ones as well as with their doctors due to feelings of shame, and the stigma associated with mental illness.

Aging causes life changes including losses, health decline, and memory problems. These changes frequently cause feelings of uncertainty which lead to anxiety. If symptoms of anxiety begin to affect our daily lives, it is important to seek professional help to determine if medication, therapy, or something as simple as improving coping skills can help alleviate the symptoms.

If you know of anyone suffering from anxiety, please encourage them to call Little Tokyo Service Center at 213-473-3035 to speak with a mental health staff.

For more information, please contact 213-473-3035 (from LTSC Newsletter 2020 Spring edition)

HOLLYWOOD JAPANESE CULTURAL INSTITUTE
3929 Middlebury Street, Los Angeles, CA 90004
(310) 664-2070 E-mail: hollywoodjci@gmail.com

MEMBERSHIP APPLICATION FOR YEAR _____

Annual Membership: \$20 per individual / family

Check One:

☐ NEW ☐ RENEWAL

Check One:

☐ ADULT MEMBER ☐ PARENT OF MINOR PARTICIPANT
☐ SENIOR EXEMPTION: 80 YEARS AND OVER

PLEASE PRINT LAST NAME _____ FIRST NAME _____ SPOUSE _____
Minor Participant _____ Birth Date _____ Class/Org _____
Minor Participant _____ Birth Date _____ Class/Org _____
Minor Participant _____ Birth Date _____ Class/Org _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE () _____ EMAIL
ADDRESS _____

Semi-annual newsletter & HJCI related messages will be sent via email. (Note: You can also decline at a later time.)

☐ Decline If you also want a hardcopy of the newsletter, check one: ☐ U.S. Mail ☐ Pick up

EMERGENCY CONTACT _____ Phone _____ Relationship _____

Please check ☒ Organization(s) you and your family belong(s) to:

- | | |
|--|--|
| ☐ Daito Ryu Kodokai | ☐ Karate |
| ☐ Gardeners' Association | ☐ LA Daiku |
| ☐ Hollywood Buddhist Church | ☐ Nagauta Shamisen & Voice |
| ☐ Japanese Language School | ☐ Yoga |
| ☐ Jodoin | ☐ General supporter of HJCI |
| ☐ Judo | |

LIABILITY RELEASE AND WAIVER

For and in consideration of my being permitted to use the facilities and equipment of the Hollywood Japanese Cultural Center and any class that I attend at this location, and further to be allowed to enter, remain, and be on the premises owned, operated, supervised, or managed by the above-stated organizations, or any other place in the course of the activities of the above stated organizations, or any other place in the course of the activities of the above-stated organizations.

I, THE UNDERSIGNED, DO HEREBY EXPRESSLY WAIVE AND RELEASE all and any rights, claims, demands, actions or judgments, which I, the undersigned, ever had, now has, may have, or claimed to have, against the above-stated organizations, their officers, members, agents, or employees of any and all personal injuries and damages and any and all injuries to property, real or personal, which might be caused by the, arise out of, or result in connection with my presence on the premises of the above stated organization or otherwise by my participation in any activity organized, supervised, or conducted by the above- stated organizations or wherever located.

I HAVE READ THE CONTENTS OF THIS RELEASE AND WAIVER AND UNDERSTAND ALL ITS TERMS.

I EXECUTE THIS RELEASE AND WAIVER VOLUNTARILY WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE.

I AGREE TO HAVE MEDICAL INSURANCE FOR EACH PARTICIPANT.

I HEREBY CONSENT TO THE USE OF MY NAME, PHOTOGRAPH AND/OR IMAGE BY THE HJCI FOR ITS PROMOTIONAL PURPOSES.

DATE _____ ADULT'S SIGNATURE _____
RELATIONSHIP TO MINOR PARTICIPANT _____

MAKE CHECK PAYABLE TO "HJCI"

PLEASE NOTE: CHECK # _____ DATE OF CHECK _____ DUES COLLECTED BY _____

☐ FEE WAIVER / SENIOR EXEMPTION 80 YEARS & OVER (class or organization)

White copy - HJCI Yellow copy - Class/Organization Pink copy - Member